

# Loss and Bereavement Training Programme

## Children and Young People – Birmingham

Cruse Bereavement Support, Birmingham is delighted to offer 25 free webinars on how to effectively and sensitively support bereaved children and young people.

All sessions are open to anyone working or volunteering with children and young people in specific wards in the Birmingham area and are free of charge, generously funded by Birmingham City Council through the Better Mental Health Fund.

We know that there are many children and young people who experience loss and bereavement who may be unable to access the help they need due to their life circumstances. These webinars will offer those supporting these young people the opportunity to develop their skills, confidence and knowledge around childhood bereavement.

These sessions will run for 2.5 hours via Zoom starting in May 2022 until February 2023. The attendance is up to 10 delegates per webinar to allow for discussion and interaction.

### These in-depth and informative sessions will help you to:

- Develop a greater understanding of grief
- Become familiar with models and theories which help explain how young people can react to grief and loss
- Identify common grief responses
- Identify an individual's needs and signpost where necessary
- Develop an awareness of complicated grief
- Understand the importance and value of self-care

**If you have any questions, please contact us at [training@cruse.org.uk](mailto:training@cruse.org.uk)**

**Please note that we are limiting places to 2 per organisation, and we are initially targeting schools and organisations that operate in our more deprived communities. Please see the wards we are initially focusing on including on the final page of the flyer.**

|    | Date                                 | Time    | Zoom Link  |
|----|--------------------------------------|---------|--|
| 1  | Tuesday 17 May                       | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZYqcO2hqTooE932lwxLCC4H2PU6NXgEatTO">https://us06web.zoom.us/meeting/register/tZYqcO2hqTooE932lwxLCC4H2PU6NXgEatTO</a> |
| 2  | Wednesday 25 May                     | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZApdOqvrjkiHtDBUaXmZ1dr1yQ7nElsp6Qe">https://us06web.zoom.us/meeting/register/tZApdOqvrjkiHtDBUaXmZ1dr1yQ7nElsp6Qe</a> |
| 3  | Wednesday 1 <sup>st</sup> June       | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZckcOuhrj0vHNP1t8DxB3AGRFkAOglAMdFk">https://us06web.zoom.us/meeting/register/tZckcOuhrj0vHNP1t8DxB3AGRFkAOglAMdFk</a> |
| 4  | Wednesday 8 June                     | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZMrc-mspigqHtAmh2C85cHA-slnqZKbVLvr">https://us06web.zoom.us/meeting/register/tZMrc-mspigqHtAmh2C85cHA-slnqZKbVLvr</a> |
| 5  | Tuesday 14 June                      | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZErd-igqj8rHdanYICMaoN8S1dUJg3I5nHG">https://us06web.zoom.us/meeting/register/tZErd-igqj8rHdanYICMaoN8S1dUJg3I5nHG</a> |
| 6  | Thursday 30 June                     | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZUpcOirpzwiHNSM7DW75HKgfrInBt3Q-tjN">https://us06web.zoom.us/meeting/register/tZUpcOirpzwiHNSM7DW75HKgfrInBt3Q-tjN</a> |
| 7  | Monday 4 July                        | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZcvcOyqrDspGtPIDIJ0HVRp9tjTt8_S7oQV">https://us06web.zoom.us/meeting/register/tZcvcOyqrDspGtPIDIJ0HVRp9tjTt8_S7oQV</a> |
| 8  | Tuesday 12 July                      | 4:00pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZwoce-rrj8qG9XTfW5JhxKeYYgCxect6aRH">https://us06web.zoom.us/meeting/register/tZwoce-rrj8qG9XTfW5JhxKeYYgCxect6aRH</a> |
| 9  | Monday 18 July                       | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZ0vfu2spjsiH9ygUIOrf5utUPhbVwLM6Udr">https://us06web.zoom.us/meeting/register/tZ0vfu2spjsiH9ygUIOrf5utUPhbVwLM6Udr</a> |
| 10 | Thursday 8 September                 | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZclcumtqTgrGNOSjUfuDK_f29XBQxpa3306">https://us06web.zoom.us/meeting/register/tZclcumtqTgrGNOSjUfuDK_f29XBQxpa3306</a> |
| 11 | Wednesday 14 September               | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZYpdOioqjloHtVoZeMV4cOmHVWKC0qX2AK4">https://us06web.zoom.us/meeting/register/tZYpdOioqjloHtVoZeMV4cOmHVWKC0qX2AK4</a> |
| 12 | Wednesday 21 <sup>st</sup> September | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZ0vc-6pgD0pGNShuFnXuSqVwso0RsvEpYq8">https://us06web.zoom.us/meeting/register/tZ0vc-6pgD0pGNShuFnXuSqVwso0RsvEpYq8</a> |
| 13 | Thursday 29 September                | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZ0pdOqvqDwpG9a5YneWRY1aqfdkGqiyOZxB">https://us06web.zoom.us/meeting/register/tZ0pdOqvqDwpG9a5YneWRY1aqfdkGqiyOZxB</a> |
| 14 | Friday 7 October                     | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZUlf-urpj0tE5xHYMmp7D3waRQJj_CN6">https://us06web.zoom.us/meeting/register/tZUlf-urpj0tE5xHYMmp7D3waRQJj_CN6</a>       |
| 15 | Tuesday 18 October                   | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZErcuysrTMpEtA09Q75UQ9TsZ87erV53rr0">https://us06web.zoom.us/meeting/register/tZErcuysrTMpEtA09Q75UQ9TsZ87erV53rr0</a> |
| 16 | Thursday 27 October                  | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZMucuqgqDggHdC6CztMShYBLc_0Mu71cch3">https://us06web.zoom.us/meeting/register/tZMucuqgqDggHdC6CztMShYBLc_0Mu71cch3</a> |
| 17 | Monday 31 October                    | 4:00pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZAldeyurT4sHNN7bCSEwVG43FV9QV03vx2V">https://us06web.zoom.us/meeting/register/tZAldeyurT4sHNN7bCSEwVG43FV9QV03vx2V</a> |
| 18 | Tuesday 8 November                   | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZAkcOGpri8vHdbpkEpx7k3wGUsA3EhZVsOc">https://us06web.zoom.us/meeting/register/tZAkcOGpri8vHdbpkEpx7k3wGUsA3EhZVsOc</a> |
| 19 | Wednesday 16 November                | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZUode2orD4qE9041Ep1usMEiYx3WUJydFbd">https://us06web.zoom.us/meeting/register/tZUode2orD4qE9041Ep1usMEiYx3WUJydFbd</a> |
| 20 | Friday 25 November                   | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZcpf--qpiMpG9xfGAGO9hwZ3mbq3JEpEgTb">https://us06web.zoom.us/meeting/register/tZcpf--qpiMpG9xfGAGO9hwZ3mbq3JEpEgTb</a> |
| 21 | Tuesday 6 December                   | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZwtcO-srTsoGtcONYUVVJfAF6EoDbhfKkG5">https://us06web.zoom.us/meeting/register/tZwtcO-srTsoGtcONYUVVJfAF6EoDbhfKkG5</a> |
| 22 | Wednesday 11 January                 | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZ0rd-6hrj4sH9J7t_jTX6cHBm4sBPxlyTSQ">https://us06web.zoom.us/meeting/register/tZ0rd-6hrj4sH9J7t_jTX6cHBm4sBPxlyTSQ</a> |
| 23 | Tuesday 17 January                   | 4:00pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZMudeGorzwoGNUsGbbFty_3P7SSyaDZRIHV">https://us06web.zoom.us/meeting/register/tZMudeGorzwoGNUsGbbFty_3P7SSyaDZRIHV</a> |
| 24 | Friday 27 January                    | 10:15am | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZckfuyorzsiGNMN7pu9BNTGDhbBQtK3pfyA">https://us06web.zoom.us/meeting/register/tZckfuyorzsiGNMN7pu9BNTGDhbBQtK3pfyA</a> |
| 25 | Thursday 9 February                  | 2:15pm  | <a href="https://us06web.zoom.us/join/https://us06web.zoom.us/meeting/register/tZApdu-tqDoiHzMQ-wxeKQ5fitNmCpihg7">https://us06web.zoom.us/meeting/register/tZApdu-tqDoiHzMQ-wxeKQ5fitNmCpihg7</a>     |

## Schools or organisations must be operating in the following wards:

- Sparkbrook & Balsall Heath East
- Bordesley Green
- Lozells
- Castle Vale
- Alum Rock
- Newtown
- Heartlands
- Gravelly Hill
- Balsall Heath West
- Perry Common
- Soho & Jewellery Quarter
- Billesley
- Weoley & Selly Oak
- Stirchley
- Ladywood
- Moseley & Kings Norton North
- Sheldon
- Brandwood & Kings Heath
- Birchfield
- Shard End
- Kingstanding
- Garretts Green
- Aston
- Glebe Farm
- Tile Cross
- Handsworth
- Kings Norton
- Sparkhill
- Bartley Green
- Acocks Green
- Rubery & Rednal
- Highter's Heath
- South Yardley
- Yardley East
- Hall Green North
- Handsworth Wood
- Ward End
- Bordesley & Highgate
- Tyseley & Hay Mills
- Small Heath
- Frankley Great Park
- Holyhead
- Nechells
- Druids Heath & Monyhull
- Stockland Green
- Yardley West & Stechford
- Allens Cross
- Bromford & Hodge Hill
- Erdington
- Pype Hayes
- Longbridge & West Heath
- Quinton
- Oscott
- Harborne