



Week Ending:
Friday 4th April 2025

 @Green_MeadowPS

Dear Parents and Carers,

Hasn't it been a lovely week? I think that the sunshine could finally be here to stay! OPAL lunchtimes have been brilliant this week and the children have loved having the trim track and climbing fort back open. The children can't wait to start using the new monkey bars which have been installed and having had a quick go myself to test them out (!), I can see why. They are great fun!

Well done to all of the children in Year 4 who have had swimming lessons for the past two weeks. They have made so much progress and become more and more confident in the water each day. Some have even ventured into the deep end for the first time which is wonderful.

There have been lots of examples of succeeding together in action this week. Well done to our marvellous mathematicians from Year 5 who competed in the King Edwards maths challenge finals on Wednesday. They finished in the top ten schools across the whole of Birmingham. What an achievement! Well done too to our Year 5 and 6 football teams who competed in a district match against Welsh House Farm this week. Despite having only played as a team once before, our girls displayed brilliant team work and skill. And finally, good luck to our athletics team who have made it through to the regional finals today. We'll keep you posted with how they all get on!

I hope you all have a great weekend.

Best wishes,
Miss Arrowsmith

PE and Outdoor Learning days



Please note changes to soem PE days this week.

**Monday
Year 2**

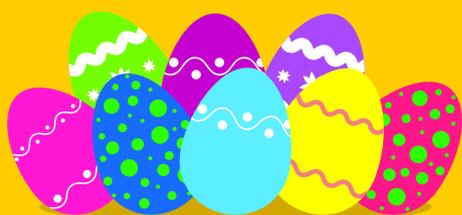
**Tuesday
Year 1 and
Year 3**

**Wednesday
Year 4**

**Thursday
Year 5 and
Year 6**

**Friday
Reception PE**

**Please wear
PE kit to school
on PE days**



THE EASTER EGG RAFFLE!

Tickets for the easter egg raffle go on sale on Monday for 50p...keep reading to find out more!

Parents' Evening

This term's Parents' Meetings will be held

after school on

Wednesday, 9th April and Thursday, 10th April.

Don't forget to book your 10 minute appointment before bookings close at 9am on Wednesday 9th April.



Tickets for the FOGM Easter Egg Raffle will go on sale from Monday to Wednesday next week, 50p a ticket. Look at all the eggs the teachers have already kindly given- and there are even more to come!! We will draw the raffle in Celebration Assembly on Wednesday.



happy holidays!

School closes at 3.20pm on Friday, 11th April for the Easter holidays and reopens on Monday, 28th April at 8.35am.

MISSING (SCHOOL) = MISSING OUT

MAKE SURE YOUR CHILD IS IN SCHOOL EVERY DAY.

ATTENDANCE

WHY IS IT IMPORTANT?

ABSENCE FROM SCHOOL
Children are required to be in school 190 days per year. The Government states that every pupil's attendance should be at least 95%.

How do YOU measure up?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	13.5 Weeks	290 Lessons
65%	67 Days	15.5 Weeks	340 Lessons

89% & Below
Drastic effect on academic achievement

95%-90%
Cause for concern

100%-96%
Excellent



CELEBRATING GREAT LEARNING!



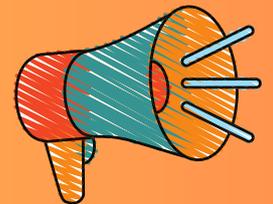
Well done to all of the children who have been practising their spelling on **Spelling Shed** this week. Our class leader board this week has **Jupiter** in 1st place, **Saturn** in 2nd and **Pluto** in 3rd place! Well done to our whole-school top speller, **Aalam** in **Jupiter**, who helped his class secure top place!



A huge well done to this week's **Mathletes**, **Millie** in **Cadbury**, **Daniel** in **Bournville**, **Tobias** in **Shakespeare**, **Shayla** in **Tolkien**, **Megan** in **Mars**, **Daniel** in **Saturn**, **Sai** in **Jupiter** and **Archie** in **Pluto**.

Our top scoring classes were **Saturn** and **Mars**. Keep practising on the tasks set by your teacher to become a top Mathlete!

A huge well done to this week's **Outstanding Orators**, **D-Min** Leopards, **E** in **Zebras**, **I** in **Tigers**, **E** in **Lions**, **Minnie** in **Giraffes**, **Aubrey** in **Gazelles**, **Danielle** in **Bournville**, **Sharvin** in **Cadbury**, **James** in **Shakespeare**, **Jayden** in **Tolkien**, **Eddie** in **Mars**, **Annabelle** in **Saturn**, **Lileigh** in **Jupiter** and **Daisy** in **Pluto**. You have all impressed us with how well you have demonstrated your oracy skills this week.



Congratulations to our **Readers of the Week**- who get to choose their own book to take home from the world-famous Green Meadow Book Vending Machine! **H** in **Zebras**, **Z** in **Leopards**, **R** in **Lions**, **P** in **Tigers**, **Luna** in **Gazelles**, **Connor** in **Giraffes**, **Ire** in **Bournville**, **Lottie** in **Cadbury Miley** in **Tolkien**, **Jakob** in **Shakespeare**, **Emilia** in **Saturn**, **Archie** in **Mars**, **Ollie** in **Pluto** and **Harry** in **Jupiter**.

CELEBRATION TIME!

ABOVE AND BEYOND!

Well done to all the children in school who received hot chocolate nominations from their teachers for **GOING ABOVE AND BEYOND!**

This week, an incredible 60 children from across school received nominations - that's **AMAZING!** We are all so proud of you! We hope you have your certificates displayed somewhere at home to celebrate.

House Points

A record number of house points have been awarded this week to children demonstrating our school values of **READY, RESPECTFUL** and **SAFE** and for making sure they show how helpful, friendly and supportive everyone at Green Meadow is. Well done, everyone!



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Be an Attendance

H.E.R.O.

Here Everyday Ready On time

igers

A banner with a black border. At the top, it says 'Be an Attendance' in a handwritten font. Below that, the word 'H.E.R.O.' is written in large, red, 3D block letters. Underneath each letter is a corresponding word: 'Here' under H, 'Everyday' under E, 'Ready' under R, and 'On time' under O. To the left of 'Here' is a cartoon girl superhero in a red cape. To the right of 'On time' is a cartoon boy superhero in a blue and red suit. At the bottom, the word 'igers' is written in a small, lowercase font.

Well done to **Tigers** in KS1 and **Cadbury** in KS2 who are our best attending classes this week.

The most punctual class in school this week is **Gazelles** who were in school on time every day to make the most of their learning time.



MENU

WE ARE ON WEEK 1 OF THE MENU!

THURSDAY IS A SPECIAL THEME DAY...PLEASE SEE SPECIAL MENU ON THE NEXT PAGE!

GREEN MEADOW PRIMARY

MENU

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

WEEK 1

06/01, 27/01, 24/02, 17/03, 07/04

WEEK 2

13/01, 03/02, 03/03, 24/03

WEEK 3

20/01, 10/02, 10/03, 31/03

MONDAY

THURSDAY

TUESDAY

FRIDAY

WEDNESDAY

MONDAY

THURSDAY

TUESDAY

FRIDAY

WEDNESDAY

MONDAY

THURSDAY

TUESDAY

FRIDAY

WEDNESDAY

VEGETARIAN

STAY
HYDRATED

AVAILABLE DAILY

Fresh Bread

Jacket Potatoes with Cheese, Beans or Tuna

Sandwich or Wrap with a Hot Carb

Salad Cart

COOMBS

CATERING PARTNERSHIP

School meals cost £3 per day, payable via Arbor, for Years 3, 4, 5 & 6, unless you are entitled to free school meals.

Please keep up to date with school meal payments each week.

Please note that for Reception, Year 1 and Year 2 ALL children are entitled to universal free school meals.

WORLD

THE INTERNATIONAL DAY OF MONUMENTS AND SITES, CELEBRATES AND PROTECTS OUR CULTURAL LEGACY.

HERITAGE DAY



STATUE OF LIBERTY (USA)

MAINS

STATUE OF LIBERTY (USA)

NEW YORK BBQ CHICKEN BAGEL PIZZA

TOWER OF LONDON (UK)

OLD SCHOOL FISH AND CHIPS

THE GREAT WALL OF CHINA

VEGETABLE SPRING ROLLS (V)

SIDES

SEASONED OR 5 SPICE WEDGES

BAKED BEANS, SWEETCORN & PEAS

DESSERT

GREAT BARRIER REEF (AUSTRALIA)

MANTA RAY/ SHARK/ CLOWNFISH &

TURTLE MUFFINS

TOWER OF LONDON

FISH & CHIPS

GREAT BARRIER REEF



THURSDAY

10TH APRIL 2025

WEEKLY ASSEMBLY



ASK YOUR CHILD TO TELL YOU ABOUT
THE STORY BEHIND THE PICTURE WE
LOOKED AT IN ASSEMBLY THIS WEEK AND
HOW IT RELATES TO BRITISH VALUES



What Parents & Educators Need to Know about

INSTAGRAM

AGE RESTRICTION
13+

Instagram remains one of the world's most popular social media platforms, especially among teens – with around 70% of 13 to 17-year-olds using it. Owned by Meta, Instagram allows users to share photos and videos, create interactive 'stories', broadcast live, send private messages and follow others. With regular updates and new features, it's essential for parents and educators to stay informed about how children are using the app – and what the risks are.

WHAT ARE THE RISKS?

EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.

RISKS OF GOING LIVE

The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.

THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

SCHEDULED MESSAGING

Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.

EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

Advice for Parents & Educators

USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.

OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.

SET BOUNDARIES FOR THREADS AND AI

Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.

BE MEDIA-SAVVY WITH INFLUENCERS

Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotions – and how online personalities can shape opinions and behaviour.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College



UPCOMING DATES FOR YOUR DIARY...

**Spring 2 Week 13
wb 7th April 2025**

Monday, 7th April 2025

**Pupil Parliament meeting at Green
Meadow- invited pupils**

**After school- Football Competition
at Bournville school- invited pupils**

**Wednesday, 9th April 2025
Parents' Evening**

**Thursday, 10th April 2025
World Heritage Special Lunch Menu
Year 5 Financial Security Day with
Lloyds Bank
Parents' Evening**

**School closes at 3.20pm for the
Easter Holidays**

**Summer 1 Week 1
wb 28th April 2025**

**Monday, 28th April 2025
Living Eggs arrive in school**

**Thursday, 1st May 2025
Year 5 KEVI trip to Birmingham
airport
1.30pm Ready, Steady
Reception for invited pupils**